



MonaLisa Touch™ Pre-External Treatment Instructions

It is important to follow Dr. Lane/ Dr. Bergeron's instructions before and after treatment.

Pre-Treatment Recommendations:

1. Take a shower or bath the morning of the procedure with a gentle soap such as Dove (also used after the procedure)
2. Shave the vulvar area the morning of procedure.
3. Dress in loose fitting pants and cotton underwear for the procedure.
4. Purchase either a moisturizing occlusive ointment, such as Aquaphor® Healing Ointment or Vaseline® ointment for after the procedure and a cool pack that can be placed comfortably on the vulva.